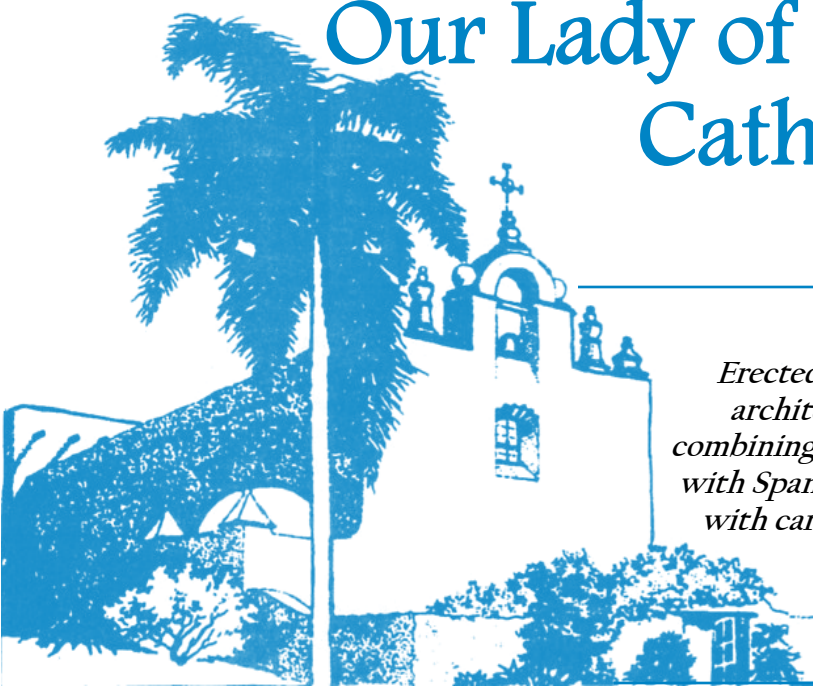


Our Lady of Mount Carmel Catholic Church



Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees is typical.

Monsignor Stephen Downes, Pastor
Father Maurice O'Mahony, Pastor Emeritus
Father Carrol O'Sullivan, Retired
Father Jack Shine, C.M., Weekend Associate

Rectory

1300 East Valley Road
Santa Barbara, California 93108
website: www.mtcarmelsb.com
email: dellastrada1300@gmail.com

Phone 805/969-6868
Fax 805/565-5959

Masses

Daily 7:45 AM
Saturday 7:45 AM Vigil Mass 4:30 PM
Sunday 8:00 AM. 10:00 AM. 12 Noon

Holy Day Mass Vigil Mass 5:30 PM

Mass Times on Holy Days
7:45 AM. 9:00 AM (*School Mass*) & 5:30 PM

Confessions: Saturdays 3:30- 4:15 PM **In Side Chapel**

Baptisms: 1st & 2nd Sundays of the Month

Religious Education

805/969-4868

Sister Kathleen Patrice, C.S.J. - Director
srkathleen@mountcarmelschool.net

Youth Minister/Confirmation Coordinator

Sarah Mack - Youth Minister 805/574-9941
olmcsb93108@gmail.com - Young Adult Ministry - MCYA
High School Confirmation - '*El Camino*'
Middle School Youth Group - '*The 'M&M's*'

Weddings

The Bride or Groom must be a registered, contributing and active member of Mt. Carmel Parish for at least one year before requesting a marriage date.

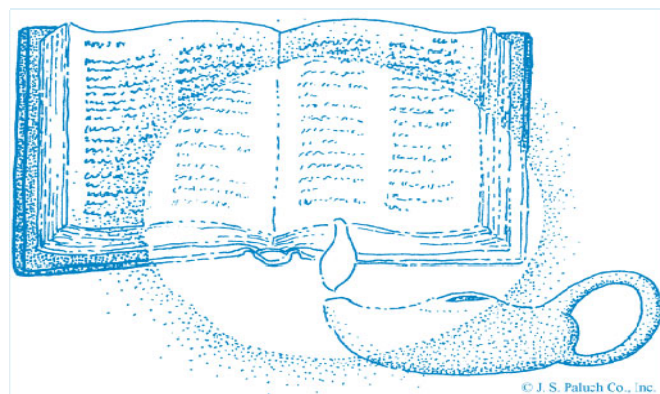
Please call the Rectory at least six months before the proposed date of marriage or email us at weddings@olmc-montecito.com for more information.

Our Lady of Mount Carmel School

805/969-5965

530 Hot Springs Road • Santa Barbara, 93108
Pre-K thru 8th Grade • Principal — Karen Regan
www.mountcarmelschool.net

Secular Order of Carmelites - Meets 2nd Sat. of each month
Evelyn Duimovich 805/969-3858



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The First Sunday Of Lent

FEBRUARY 22, 2015

Your ways, O LORD, make known to
me; teach me your paths.

— Psalm 25:4

FROM THE PASTOR'S DESK

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Fr. Steve

Lent begins, a time of renewal, of change, of growth, of new life in Christ, a new beginning. Noah and his family experience a new beginning after the Flood in today's First Reading (from Genesis 9:8ff) as God makes a covenant of peace and love with all living creatures, symbolized in the rainbow. In the Second Reading (from 1 Peter 3:18ff) St. Peter refers to Noah's ark and how we were saved in a similar way in the waters of Baptism. In Baptism the power of the death and resurrection of Jesus reaches us.

Lent calls us to rediscover these great realities of God's gift of life and love in Jesus Christ. As Jesus spent forty days in the desert, so for forty days we "repent" and turn back to God and his love and mercy in Jesus. We walk together towards Holy Week and the Baptism of new Christians and the renewal of our own Baptism at Easter. Prayer, fasting, almsgiving, daily Bible reading or Holy Mass, reaching out to others - these are some of the many ways we can come to new life in Jesus in these 40 days of Lent.

- This Sunday is Scout Sunday. Our Scouts will help in the celebration of Holy Eucharist at 10:00 AM and some Scouts will receive their Scout religious awards at this Mass.
- Many thanks to all who are responding to the Annual Appeal, Together in Mission. Your generous donation or four month pledge are very important for our parish to meet its goal of \$42,000 for the Annual Appeal. A commitment envelope can be found in the pews this Sunday. Your generous response helps provide for ministry, education and services in 80 parishes and 63 parish schools in our own Archdiocese of Los Angeles. Many thanks and God's blessings on all.
- We invite you to come to daily Mass at 7:45 AM in Lent and to the Friday Stations of the Cross at 6:00 PM, followed by Soup Dinner in the Parish. You may sign up at the doors of the Church this Sunday to bring soup from home for the Soup Dinner or call Sister Kathleen Patrice at 969-4868.
- Lenten prayer meditation books will be found at the doors of the Church with a daily reflection on the Scripture Readings for each day in Lent.
- May each day of Lent be a time to die to self and live more for God and others!

- Father Steve, our Pastor, will be away this week at the annual retreat for priests of the Archdiocese of Los Angeles. He will return to the Rectory on Friday night.
- RCIA classes for Non-Catholics interested in learning about the Catholic Faith and for adult Catholics preparing for First Holy Communion or Confirmation continue on Tuesday nights in the Spiritual Library in the School from 7:00 to 8:30 PM. Any questions? Call Father Steve at the Parish Office (969-6868).



Our Lady of Mount Carmel

WELCOME TO OUR LADY OF MT. CARMEL CHURCH

If you are visiting or new to our community, **we are blessed that you are here to worship with us and we welcome you.** Our Pastor, our Retired Priests and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community and ministries, please call or stop by our Parish Office. Our office hours are Monday thru Friday, 8:30am- 12 noon and from 1:30pm - 5pm. Our office number is 805/969-6868.

Join us for cappuccino, coffee and donuts in the Side Courtyard, after the 10am Sunday Mass.

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Our Lady of Mt. Carmel now offers Online Giving. **Convenient. Easy. Secure.**

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Address _____
City _____ Zip _____ Phone (____) _____
email _____

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Please place the form into the Offertory basket or bring it by the Parish Office.





Ministry Assignments

SATURDAY, FEB 21st

4:30 PM

Lector ~ Tina Da Ros

Eucharistic Ministers ~ S. Carroll, J. Samuelson & J. Stratford

Altar Servers - George, Henry & Ted Schuberg

SUNDAY, FEB. 22nd

8:00 AM

Lector ~ Molly Rosecrance

Eucharistic Ministers - D. & B. Crooks

Altar Servers ~ Luke Williams, Theo & Emmett Mack

10:00 AM

Lector ~ Matthew Helkey & Justin Coffin

Euch. Ministers ~ M. Press, W. Gragg, S. de Ponce C. Groth Marnat, J. & M. Kelly, R. & M. Willmon

Altar Servers ~ Sam Krautmann, Clare & Sean Kelly

12:00 PM

Lector ~ Mary Pat Whitney

Eucharistic Ministers ~ R. & J. Victoria

Altar Servers ~ Juan Valtierra, Guliana Ziliotto & Natasha Huey



Mass Intentions

SAT. FEB. 21st

7:45 AM Roger & Willa Morehart +

4:30 PM Dolores David +

SUN. FEB. 22nd

8:00 AM Lavere Lund +

10:00 AM Alba Cattarosse +

12:00 PM Daniel Donahue +

MON. FEB. 23rd

7:45 AM Mildred Schaefer +

TUES. FEB. 24th

7:45 AM Int. of Rosemary Donahue +

WED. FEB. 25th

7:45 AM Alan Rodney Hopkinson +

THU. FEB. 26th

7:45 AM Jack McClellan +

FRI. FEB. 27th

7:45 AM Lucille Otto +

SAT. FEB. 28th

7:45 AM Thomas Sneddon +

4:30 PM Norma Wegrzynowicz +

SUN. MARCH 1st

8:00 AM Connor McCadden +

10:00 AM Inez Gilkeson +

12:00 PM Gilbert Camez +

Catholic Charities Food Pantry



Catholic Charities Food Pantry continues to need food for the homeless and those who have lost their jobs, especially during this holiday season! Your donations can be dropped off in the Vestibule

of the Church or at the Rectory Office. Thank you for your generosity!

“Whatever you do for one of my brothers, you do for me.” **Matthew 25:39**

You Are Supported in Your Time of Loss

The Parish Staff & Clergy of Our Lady of Mt. Carmel Parish want you to know that we are here to serve you at the time you might suffer the loss of a loved one.

Please contact the Parish Office immediately upon the death of a family member so that we can begin to pray for you, your loved one, and make us aware of your needs in the coming days — (805) 969-6868.

Let us fast and weep before the LORD.

Good and upright is the LORD.

Please Pray For The Sick Of Our Parish

Bruce Albertson, Jack Jones, Jo Dushais, Rosemary Donohue, Patricia McNamara, Eric Lundy, Christopher Guadagnini, Tyler Hester, Dylan Swalley, Ann Rosecrance, Frances Maher, Maddie Press, the Borgatello Family, Mary McCormack, Marilyn Schuermann, , Robert Munoz, Roger Cass, Jim Fuller, Susan Basler, Ritz Brunello, Francisco Ramos, Ruben Camacho, Domini Tarman and Richard Sharp.

Do you know of someone who is NO longer in need of being on our list? Wish to add immediate family? Does someone need to be visited? Please call our Parish Office at 805/969-6868.



SHRINE CANDLES

Candles can be purchased in the Parish Office or from Oscar, our Parish Caretaker. The donation is \$4.00.



Here at OLMC Parish, we strive to offer our youth a place to "Belong, Believe, Become".



OUR LADY OF MOUNT CARMEL FAITH FORMATION PROGRAM
Instructing children in an enriching, loving, and learning environment.

"El Camino"

High School Confirmation Group

We explore our faith & journey to The Rite of Confirmation through topical discussion, music, debate, multimedia & art. Meets two Sundays a month, from 11am to 12:30pm in our Parish Hall.



Sessions & Gatherings

- ◊ **Feb. 22nd** 5:00pm Mass for Families, Candidates & Sponsors
- ◊ **March 8th** 10am Mass - Virtus Session

"Sanctus" High School Leadership Group

- ◊ Peer Leaders for M&M's Youth Group

"M + M's"

Middle School Youth Group

Open to all 6th - 8th graders from ANY school. Meets on Wednesdays, 6:30pm - 8pm in Parish Hall



Upcoming Events

- ◊ **March 4th** Study Break Topic
"How is Jesus like Bread?"

Take a break from all the work & enjoy games, raffles and YUMMY hot, homemade bread!!

- ◊ **March 27th & 28th** 'UP ALL NIGHT'
3rd Annual Retreat @ St. Mary's
"So then let us not sleep, as others do,
but let us keep awake." (1 Thessalonians 5:6)

\$35 per youth - Enjoy games, music & food!!
Contact Sarah Mack, our Youth Minister to RSVP!

"MC-YA" OLMC Young Adult Ministry

We are young adults between the ages of 18 to 39 who strive to develop our Catholic identity, strengthen our relationship with Christ, with one another, and with the wider community. We do this by planning and participating in a variety of spiritual, social, and service opportunities. **Please contact Sarah Mack Youth/Young Adult Minister.**

Safeguard Our Children
Child Abduction: Taking Action

A recent study of the National Center for Missing & Exploited Children® revealed that 83% of children who escaped their would-be abductors kicked, yelled, and pulled away to escape. Teach your child these and other abduction prevention skills, such as: Asking for permission before changing plans; asking for permission before approaching or getting into vehicles with anyone; recognizing the tricks would-be abductors use, such as offering rides or asking for help; telling a trusted adult whenever anything or anyone makes them uncomfortable.

When it comes to keeping your child safe, YOU are your child's best resource. The more you know about abduction prevention, the better protected your child will be. Use your knowledge to make conversations about personal safety a regular part of your family's routine.

For more information, visit:

<http://www.kidsmartz.org/ChildAbduction>

WHOLE COMMUNITY FAITH SHARING
Week of February 22nd - Mark 1:12-15

Faith Reflection: In today's Gospel, we see Jesus tempted the same ways we are. Lent is a time of scrutiny, a time for us to pause and look within ourselves and see what it is that keeps us from having God at the center of our lives. It is the perfect time to examine the temptations that we face every day and turn them into new growth that will strengthen our faith. Think of temptations as blessings in disguise, every time we face a sin and seek God's forgiveness, we become stronger. Use this Lenten season to become more like Jesus, and grow powerful in the faith.

Faith Question: Lent gives us a chance to do things differently - to "go to the desert." How can I make this Lent a time for growing in my faith?

Faith Response: I will reflect upon and chose do activities that will help me grow closer to Jesus.

School News

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A Catholic Community

Our Lady of Mount Carmel School Community is a partnership of parents, students, staff and parish communities that nurtures the growth of the whole child in a Catholic faith-based education through a challenging academic environment.

In this Christ-centered atmosphere, the unique qualities of each student are recognized. Children are encouraged to be life-long learners, and are taught to be active Christian leaders throughout their lives.

Academics

OLMCS has a solid academic program including instruction in religion, mathematics, language arts, reading, science, social studies, technology, physical education, and an integrated fine arts program. OLMCS is accredited through National Catholic Education Association (NCEA) and Western Association of Schools and Colleges (WASC).



Monthly School Tour

Second Tuesday of Each Month ◊ 9am
Pre-K thru 8th Grade

For more information, please call our School Office at (805)969/5965 or visit our website — www.mountcarmelschool.net.



GROUP LECTIO DIVINA
When : Every Friday Night
Time: 7pm to 8pm
Where: Spiritual Library
EVERYONE IS WELCOME!

Catholic Daughters Retreat

Saturday, March 21st ◊ 9:00am—12:00pm
(Lunch Served at Noon)

Registration begins at 8:30am
\$15.00 pp ◊ Pay at the door.

Contact Gloria at 805.964-3684 to pre-register.
The Martin Brewer Center • 1419 Anacapa St.

A wonderful way to go into Holy Week.

Are you looking for a great opportunity to serve our young adults and provide a welcoming presence in the lives of our college students?

Our OLMC Westmont Students Need Rides to our 10:00 am Mass! We need parishioners who would be willing to pick up the Westmont students before Mass and then drop them off at Westmont after Mass. If you are able to help us create our own "**Westmont Shuttle**", please call or email Sarah Mack at 805.969.6868 or olmcsb93108@gmail.com.

OUR PARISH FINANCES

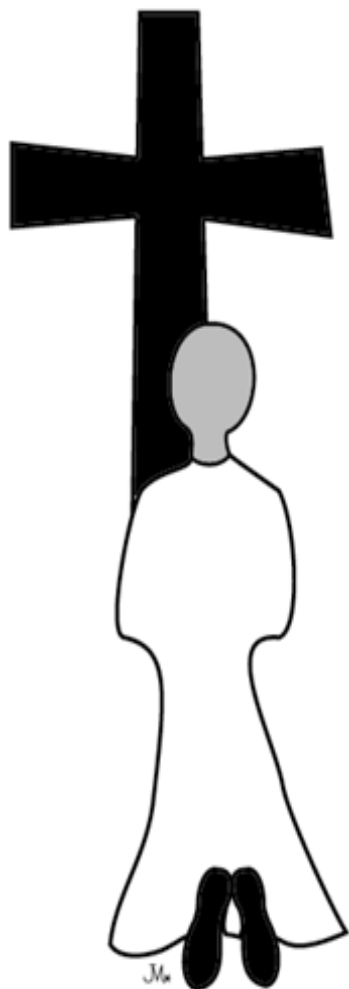
Many thanks to all for your generous contributions to our Church in the Offertory Collection each Sunday. Here is the report for the Offertory Collection on Sunday, January 31st/February 1st:

Envelopes & Plate Collection	\$7,856.00
<u>Donation for Maintenance</u>	<u>\$50.00</u>
Total	\$7,906.00

Your generous giving in the Offertory Collection each Sunday is very important and funds all the parish worship, religious, educational and service programs of the parish and helps in making necessary repairs and continuing maintenance of the Church and parish buildings and grounds.

Online giving is now available at Our Lady of Mount Carmel and provides a new way to show your love for God and his Church through your generous donations. Just visit our parish website at www.mtcarmelsb.com and click on Giving (or DONATE) link/tab.

Many thanks and God's blessings for your generous giving to God and his Church.



**In the Spirit of the Lenten Season,
You are Invited to
Friday Stations of the Cross
(In the Church)**

Friday • 6:00pm

**February 27th,
March 6th, 13th, 20th & 27th**

**Followed by A Soup Dinner
(In the Parish Hall)**

**We are in need of soup makers. If
you can help, please call
Sr. Kathleen Patrice at
805.969.4868**

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SAINTS AND SPECIAL OBSERVANCES

Sunday: First Sunday of Lent
 Rite of Election
 Rite of Calling the Candidates to Continuing Conversion; Rite of Sending Washington’s Birthday
 Monday: St. Polycarp
 Julian Calendar Lent begins
 Friday: Abstinence



Abstinence from meat is to be observed by all Catholics 14 years and older on Good Friday and all Fridays during Lent.

READINGS FOR THE WEEK

Monday: Lv 19:1-2, 11-18; Ps 19:8-10, 15; Mt 25:31-46
 Tuesday: Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15
 Weds: Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32
 Thursday: Est C:12, 14-16, 23-25; Ps 138:1-3, 7c-8; Mt 7:7-12
 Friday: Ez 18:21-28; Ps 130:1-8; Mt 5:20-26
 Saturday: Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48
 Sunday: Gn 22:1-2, 9a, 10-13, 15-18; Ps 116:10, 15-19; Rom 8:31b-34; Mk 9:2-10

40 DAYS FOR LIFE DURING LENT

During the Lenten Season, you have the opportunity to participate in the International Campaign of ‘**40 Days for Life**’ —a time of prayer and fasting to end the death of innocent babies by abortion. Please consider signing up to pray for just one hour each week during Lent in front of the Planned Parenthood Center on Garden Street. Please contact Rita Duley at 805.886.8555 or Molly Rosecrance at 805.455.5040 for more info and to sign up.

2015 TOGETHER IN MISSION APPEAL

Many thanks to all who are responding to the Annual Together in Mission Appeal. This year, 80 parishes and 62 parish schools will continue to remain open with the financial support of Catholics in every part of the Archdiocese. So far our parish has received \$8755 in donations or four month pledges towards our parish goal of \$42,000. Your donations will provide the essential resources to serve all our brothers and sisters throughout the Archdiocese, desiring to live the Gospel of Jesus.

As a reminder, our Appeal is once again being done at a parish level. **Please return your pledge card or donation to our Parish Office or place it in the basket at Offertory time. You may also make your donation ONLINE by visiting our website. (Please note ‘TIM’ in the comments section of the online donation page.)**

It is our responsibility to share our gifts with those around us. Many thanks and God’s blessings for your generous giving, now and throughout the year.

TREASURES FROM OUR TRADITION

Fasting may be a priority in your Lenten spring-cleaning regimen. Almost every religious tradition recognizes that fasting is a key to heightened spiritual awareness. You know this from your own experience. When you are engaged in a hobby, painting a room, keeping vigil near a delivery room, or standing watch at a sickbed, you may simply forget to eat. What you are doing so fills you that the intensity of the action is itself nourishing. In fasting from food, or drink, or habitual behaviors, you make room for what is truly important.

Even though Lenten Sundays stand apart from the Lenten fast, you will notice traces of fasting in our liturgy. We fast from singing the Gloria and Alleluia, we fast from flowers bedecking the altar, and there may be a noticeable drop in the number of infant baptisms as parents elect to wait until Easter. This hints that fasting is a prelude to feasting, and the vigor of our Easter alleluias is rich fare after a long silence. In the same way, even a small fast—no cream in the coffee, no pepper in the soup, no radio in the car—can not only point to deeper hungers, but help us rejoice more fully in the feast when we break our fast together.

—Rev. James Field, Copyright © J. S. Paluch Co.



RECITATION OF THE ROSARY

The Rosary is recited everyday after the 7:45 am Mass. Please join us in the Main Church.

The Rosary is a special set of prayers to God that help us to remember the most important events in the lives of Mary and Jesus.



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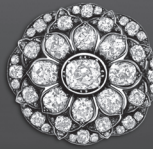
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